Basic Life Saving Rules





Working at height

What I do to protect myself and others when working at height

- I use properly functioning fall arresting equipment.
- I fasten the harness to approved anchor points (lines).
- I work standing on floors that are in good condition and secured against shifting.
- I always make sure that the safety harness is fastened when climbing, descending or moving at height.
- I take measures to prevent falling of objects from height and control the drop zone below my work area.



Moving transport

What I do to prevent accidents

- I drive vehicles which have properly functioning safety systems.
- I do not let other people drive my vehicles.
- I obey the speed limit.
- I give signals in designated areas and during dangerous maneuvers.
- I constantly monitor the traffic situation.
- When I move around, I stick to the traffic plan and obey the traffic
- I pay attention to and react to light signals directing traffic inside the mine, inside the workshop, in the public transportation areas.



Moving and rotating mechanisms

What I do to prevent getting into hazardous equipment operation zone

- I operate equipment only if it is provided with protective enclosures, safety fences and properly functioning interlocks and alarms (where applicable).
- I perform repair and maintenance operations on moving and rotating mechanisms only when they are completely stopped and disconnected from all power sources.
- I do not cross protective enclosures and safety fences of the operating equipment.
- I do not touch moving/rotating parts of equipment, workpieces, parts, or other products being worked (wire, metal strip, etc.).



Material collapse and flow slide

What I do to protect myself from mined rock falling (open pits)

- I always perform works only after visual inspection of the open pit slopes to make sure that there is no overhanging rock or other objects.
- I make sure that there is protection embankment before I perform unloading operations. If there is no protection embankment, I do not approach the edge closer than 5 meters.
- I keep out of the potential sliding triangle.



Electric current

What I do to prevent electric shock

- I use only proven protective equipment when making switches, I use an electric arc protection kit.
- I perform works on conductive parts only when the power is off.
- I use only serviceable tools.
- I make sure that the equipment has proper grounding before I perform works on it.



Collapse of steel structures

What I do to protect myself from collapse of steel structures

- I keep out of the area where falling of steel structures being dismantled is possible.
- I follow the assembly/disassembly procedure.



Asphyxiating and toxic gases

What I do to prevent poisoning

- I use a switched on gas analyzer in a gas hazardous area.
- If the gas analyzer goes off, I leave the hazardous area.
- I always use (wear) gas protection equipment when I enter a gas hazardous area of group 1.
- I use a communication and evacuation system when working in confined spaces.



Railway transport

What I do to prevent railway transport accidents

- I start moving only after a permissive command or signal is given.
- I make sure that there are no unauthorized persons or objects along the route.
- I start moving only when safety instruments, protective devices and interlocks are on.
- When I am a pedestrian, I cross railway tracks in designated places and do not walk along the railway tracks.



Cargo handling

What I do to prevent falling (pinching) of cargo

- I operate serviceable lifting structures, use removable handling accessories and tare.
- I keep out of the area of possible falling (pinching) of cargo.
- I observe the slinging pattern.
- I make sure that there are no people in the area of possible falling (pinching) of cargo.

